

Theory of Change for 2022 Youth and Young Adult Behavioral Health RFP

	Theory of Change Term	Definition & Action
Population Accountability	Population	<i>Who we want to impact</i>
	HSD Population	141,000 youth ages 8 – 24 years in Seattle
	Priority Population	Seattle Black, Indigenous and People of Color (BIPOC) youth, including LGBTQ+ youth of color, experiencing behavioral health concerns
	Desired Result	<i>What we want to achieve in the community</i> Preparing youth for success <ul style="list-style-type: none"> • All youth in Seattle successfully transition to adulthood
	Indicator(s)	<i>How we know if the desired result was achieved; it describes the wellbeing of the population</i>
	HSD Indicator(s)	<ul style="list-style-type: none"> • % of Seattle middle and high school students with a trusted adult to talk to • % of Seattle middle and high students reported in the last 12 months feeling so sad/hopeless for 2+ weeks they stopped doing usual activities • % of emergency department visits involving suicidal ideation among King County youth and young adults 10 – 24 years
Racial Equity Population Accountability		<i>Data depicting socioeconomic disparities and disproportionality between racial/ethnic populations</i>
	Racial Disparity Indicator Data	% of middle and high schoolers in Seattle with a trusted adult to talk to ¹ : <ul style="list-style-type: none"> • 66% of Black/African American • 67% of Hispanic/Latino • 68% of Native Hawaiian/Pacific Islander • 70% of Asian • 70% of Two or more races • 78% of American Indian/Alaska Native • 86% White % of Seattle middle and high school students reported in the last 12 months feeling so sad/hopeless for 2+ weeks they stopped doing usual activities ² : <ul style="list-style-type: none"> • 38% of Native Hawaiian/Pacific Islander • 36% of Hispanic/Latino • 36% of Two or more races • 35% of American Indian/Alaska Native • 32% of Black/African American • 30% of Asian • 26% White

¹ Washington State Healthy Youth Survey (YHS). Average 2016 & 2018. Washington State Department of Health and Human Services.

² Washington State Healthy Youth Survey (YHS). Average 2016 & 2018. Washington State Department of Health and Human Services.

		<p>Average of 2019 – 2021 emergency department visits involving suicidal ideation among King County youth and young adults 10 – 24 years (rate per 10,000 ED)³:</p> <ul style="list-style-type: none"> • 583 for American Indian/Alaska Native • 209.4 for Native Hawaiian/Pacific Islander • 327.7 for Black/African American • 306.7 for Hispanic/Latino • 499.4 for Asians • 332.5 for Other Race • 571.1 for White • 785.8 for Unknown
	Focus Population	<p><i>Which race/ethnic groups within the priority population show the highest disparities</i></p> <ul style="list-style-type: none"> • Asian • American Indian/Alaska Native • Black/African American • Hispanic/Latino • Native Hawaiian/Pacific Islander
	Population-Level Racial Equity Goal(s)	<p><i>What we want to achieve in the focus population</i></p> <ul style="list-style-type: none"> • % of Black/African American and Hispanic/Latino Seattle middle and high school students will have a trusted adult to talk to • % of Native Hawaiian/Pacific Islander and Hispanic/Latino do not feel sad/hopeless for more than 2+ weeks • % of American Indian/Alaska Natives' visits to emergency department due to suicidal ideation is decreased
		<p><i>What works to improve the wellbeing of the population</i></p> <ul style="list-style-type: none"> • Behavioral Health Supports: non-residential, clinical and non-clinical services that improve the behavioral health and well-being of BIPOC young people. • Services must be culturally appropriate and meet behavioral health needs and crises.
Program Accountability	Strategies	<p><i>What works to improve the wellbeing of the population</i></p> <ul style="list-style-type: none"> • Behavioral Health Supports: non-residential, clinical and non-clinical services that improve the behavioral health and well-being of BIPOC young people. • Services must be culturally appropriate and meet behavioral health needs and crises.
	Performance Measure	<p><i>How we know how well a program, agency, or service is doing</i></p> <p>Quantity</p> <ul style="list-style-type: none"> • Number of new youth and young adults enrolled in contract-funded behavioral health services • Number of youth and young adults participate in: <ul style="list-style-type: none"> a. Clinical therapy sessions, and/or group and family counseling b. Non-clinical, culturally specific community services • Number of youth and young adults participated in at least 75% of recommended behavioral health services

³ Washington State Department of Health Rapid Information Health Network (RHINO). 2019 – 2021.

		<p>Quality</p> <ul style="list-style-type: none"> • % of youth and young adults participated in at least 75% of recommended behavioral health services • % of youth and young adults completed at least one or more recommended outcome goals <p>Impact</p> <ul style="list-style-type: none"> • % of youth and young adults feeling less stressed, anxious or depressed • % of new service users report increased confidence accessing/navigating services in the future • % of youth and young adults who received behavioral health services reported progress in one or more of the following areas: <ul style="list-style-type: none"> a. Individual behavior b. Family functioning c. Peer relations d. Trusted adult to talk to e. Community attachment
	<p>Racial Equity Performance Measures</p>	<p>How we know how well a program, agency, or service is doing to address racial disparities</p> <ul style="list-style-type: none"> • % of focus populations* who received behavioral health services feeling less stressed, anxious or depressed • % of new service users in focus populations* who received behavioral health services report increased confidence accessing/navigating services in the future • % of focus populations* who received behavioral health services reported progress in one or more of the following areas: <ul style="list-style-type: none"> a. Individual behavior b. Family functioning c. Peer relations d. Trusted adult to talk to e. Community attachment <p>*Focus populations = Asian, American Indian/Alaska Native, Black/African American, Hispanic/Latino, Native Hawaiian/Pacific Islander.</p>