

Medgar Evers Pool 2022 Spring Lessons

April 18 - June 18

206-684-4766

***No Lessons On: 5/30**



Class	Session	Day	Times	Dates	Classes	Cost	Barcode
Parent & Little Dipper 6 month - 3 yrs	1	Monday*	5-5:30pm	4/18-6/13	8	\$64.00	47676
		Thursday	5-5:30pm	4/21-6/16	9	\$72.00	47675
		Saturday	10:30-11am	4/23-6/18	9	\$72.00	47677
Parent & Big Dipper 4 yrs - 6 yrs	1	Monday*	6-6:30pm	4/18-6/13	8	\$64.00	47691
		Tuesday	5-5:30pm	4/19-6/14	9	\$72.00	47672
		Wednesday	5-5:30pm	4/20-6/15	9	\$72.00	47673
		Saturday	10:30-11am	4/23-6/18	9	\$72.00	47674
Beginning Swimmer 6yrs-16yrs	1	Monday*	5:30-6pm	4/18-6/13	8	\$64.00	47679
		Tuesday	5:30-6pm	4/19-6/14	9	\$72.00	47680
		Wednesday	5:30-6pm	4/20-6/15	9	\$72.00	47681
		Thursday	5:30-6pm	4/21-6/16	9	\$72.00	47682
		Saturday	11-11:30am	4/23-6/18	9	\$72.00	47683
Advanced Swimmer 6yrs - 16 yrs		Wednesday	5:30-6pm	4/20-6/15	9	\$72.00	47669
		Thursday	5:30-6pm	4/21-6/16	9	\$72.00	47670
		Saturday	11-11:30am	4/23-6/18	9	\$72.00	47671
Adults	1	Wednesday	6-6:30pm	4/20-6/15	9	\$72.00	47690
		Saturday	11:30-12pm	4/23-6/18	9	\$72.00	47668
Swim Team Prep	1	Saturday	11:30-12pm	4/23-6/18	9	\$72.00	47678

YOU CAN BE A SUPER HERO TOO!

Can you make a donation? To make your donation to the Seattle Parks and Recreation swim lesson scholarship fund, visit any Seattle Parks and Recreation swimming pool, or donate online to www.arcseattle.org/get-involved/. For more information, call your local pool. Be a hero and help every child become a super swimmer!

Do you know a child who needs a scholarship? To learn more about applying, or to receive an income based Scholarship, please contact your neighborhood pool, or apply online at <http://www.seattle.gov/parks/find/scholarships-and-financial-aid>. Funding is limited. Approved scholarships can be used for Parent w/Little Dippers, Parents w/Big Dipper, Water Explorer, Water Discover, Advanced Swimmer, Swim Team Prep and adult.

Medgar Evers Pool- Spring 2022 Swim Lessons

500 23rd Ave 206-684-4766

Spring 2022 Registration Begins Tuesday 3/8/22 at 12.

Welcome Back to Swim Lessons with Seattle Parks and Recreation

Spring quarter is 4/2 -6-18.

Due to COVID safety measures lessons will look different and have different names. Spring Lessons will be taught with Instructors in the water socially distanced, hands free. Instructors may wear a Face Shields/masks as needed. Parents or a responsible adult are required to be in the water with the Parent & Little/Big Dipper classes.

If you need to have your child pretested, please contact Medgar Evers Pool and we will have a swim instructor assess your child's swimming.

Cancellations can occur if activities don't meet course minimum number of students.

There is a 10% fee for processing all transfers and withdrawals.

Sorry, we cannot give credits or make-ups for missed classes.

Parents with Little Dippers, Ages 6 months - 3 years old

Parent and child in the water working on beginning water adjustment skills and appropriate water safety. Songs, water games, and plenty of

Parents with Big Dippers, Ages 4 years and up.

Using parent or responsible adult to assist child in the water. Big Dipper is for non-swimmers to beginner skills and may be a good fit for swimmers who need hands on assistance. Basic water skills are taught with the help of adults for safety and support.

Beginning Swimmer, Ages 6 - 16 years old

Our specially developed group swimming lessons allow for easy registration and lets us assess placement of students on the first day. These group lessons range from introductory skills like floating and kicking and progress all the way to swimming crawl stroke and practice in deeper water. Fully vaccinated instructors will be in the water teaching socially distanced. Instruction will be hands free. Instructors may wear a face shield/mask as needed. Children needing hands on instruction may be moved to Parent & Big Dipper.

Advanced Swimmer, Ages 6 - 16 years old

Prerequisite: Students must feel comfortable in deep water and able to swim at least 15 yards without stopping while demonstrating front crawl stroke with bilateral breathing, and proper whip kick on their back. Children not ready will be moved to Water Discovery if there is room in a different activity.

Swimmers who have received a card indicating they have mastered "Water Discovery" may sign up for "Advanced Swimmer" activities. Instructors will introduce and guide swimmers through other strokes while continuing to teach safety, fitness, and skill proficiency.

Learning new strokes: Elementary Backstroke, Backstroke, Breaststroke, and Butterfly, plus continued practice swimming crawl stroke.

Swim Team Prep, Ages 6 - 16 years old

Experience the challenge of competitive swimming! This class is for students who have successfully participated in at least 2 quarters of Advanced Swimmer. Instruction will focus on improving stroke technique, flip turns, racing starts, learning about sets and send-offs and an overall improvement of endurance and speed. Swimmer who are not ready for Swim Team Prep will moved to an appropriate class.

Adults, 16 year +

All ability levels welcome! Small groups with similar goals are arranged so instruction can focus on the basics all the way to learning a variety of strokes and water safety. Enjoy exploring the possibilities while developing lifelong and lifesaving skills.